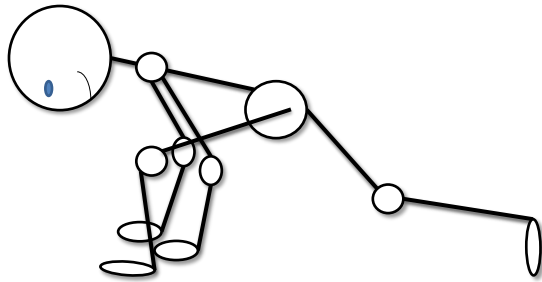




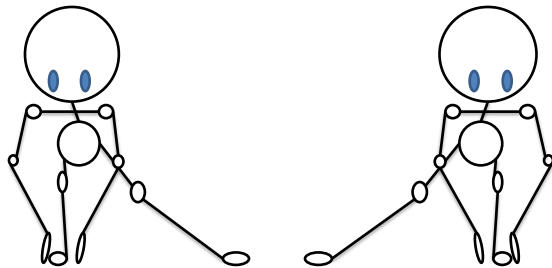
Blue

Spiderman



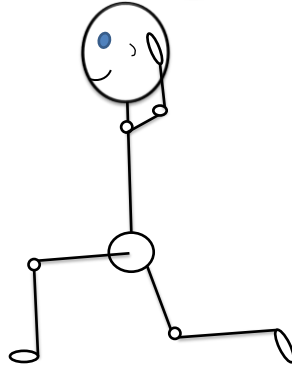
Blue

Lateral Lunges



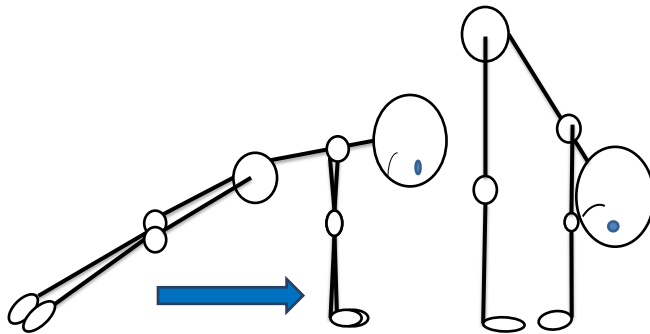
Blue

Walking Lunges



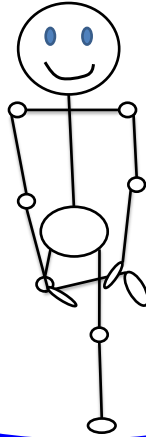
Blue

Inchworm



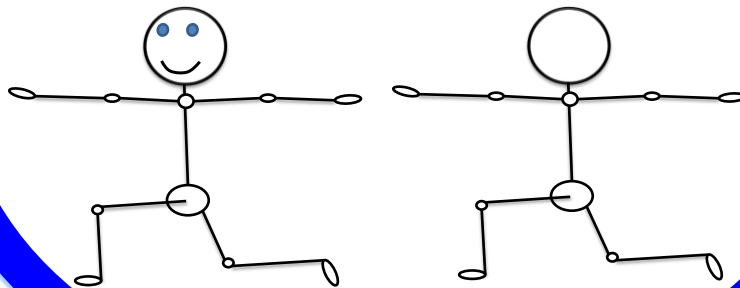
Blue

Figure 4 Walk



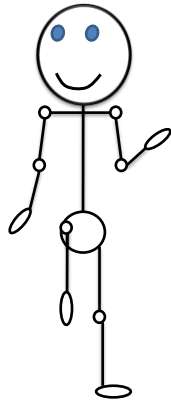
Blue

Helicopter Lunges



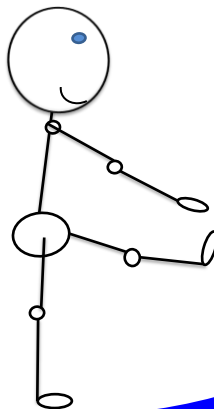
Blue

Walking High Knees



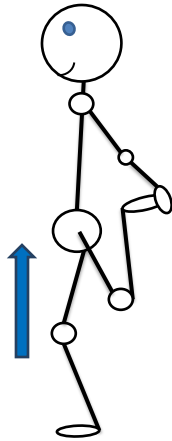
Blue

Straight Leg Kicks



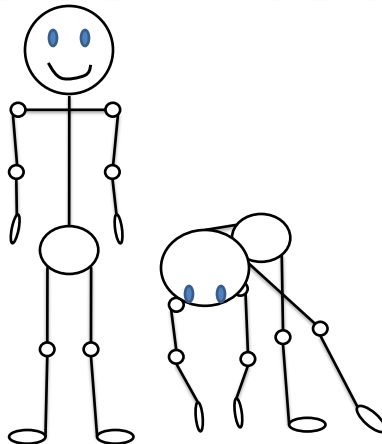
Blue

Quad Hops



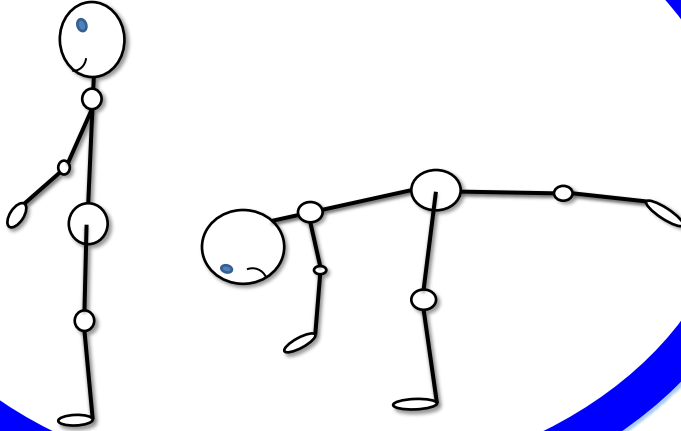
Blue

Cross-n-touch



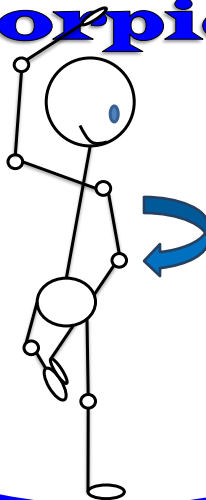
Blue

Stepovers



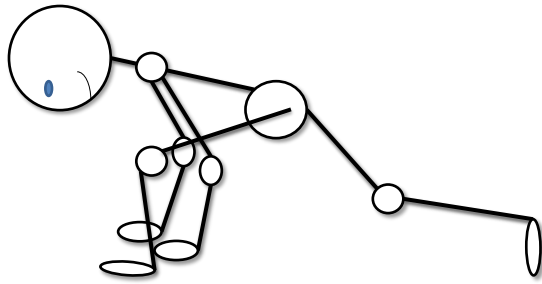
Blue

Standing Scorpion



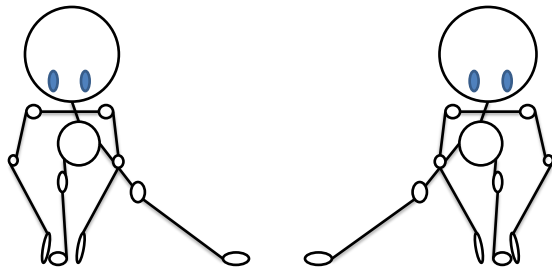
Green

Spiderman



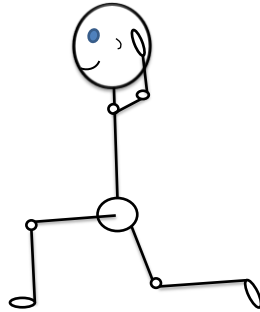
Green

Lateral Lunges



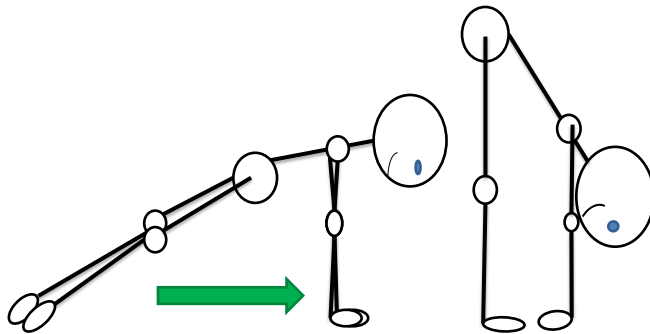
Green

WALKING LUNGES



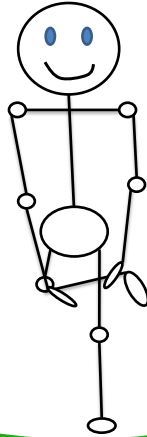
Green

Inchworm



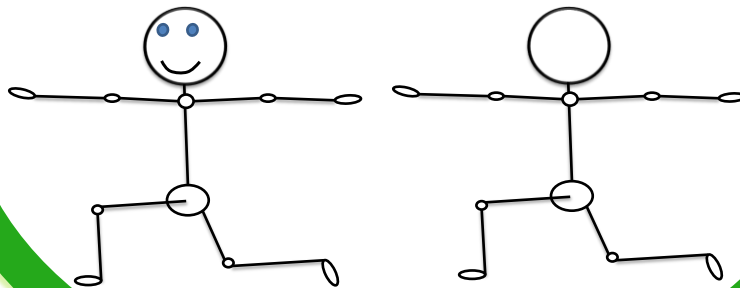
Green

Figure 4 Walk



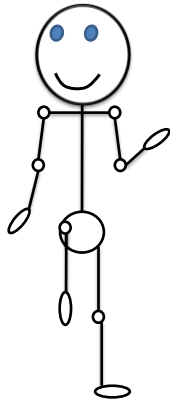
Green

Helicopter Lunges



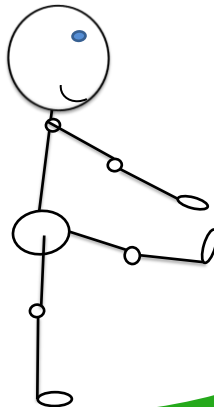
Green

Walking High Knees



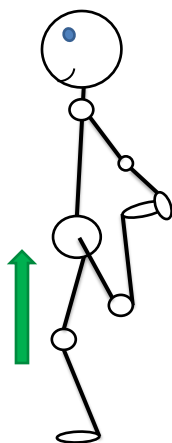
Green

Straight Leg Kicks



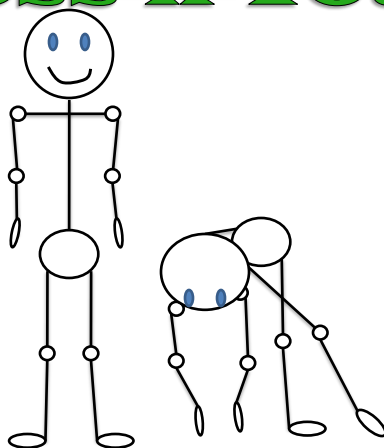
Green

Quad Hops



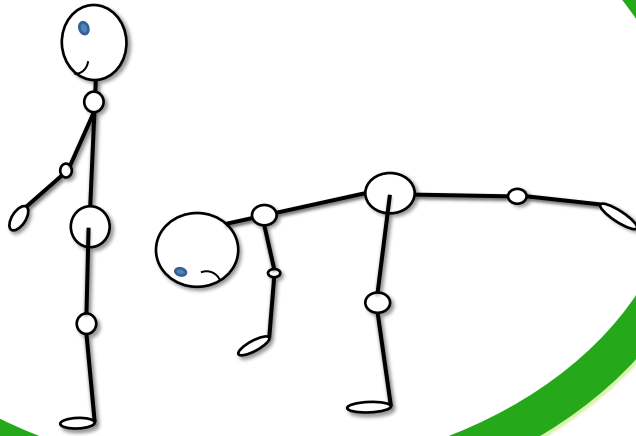
Green

Cross-n-Touch



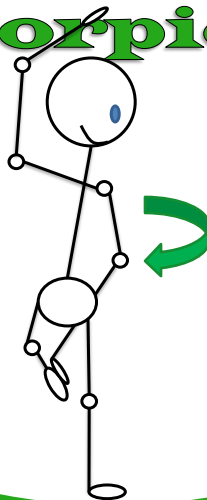
Green

Stepovers



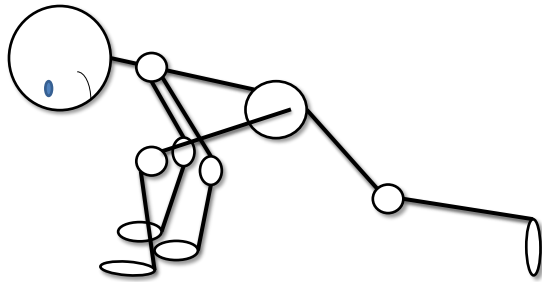
Green

Standing Scorpion



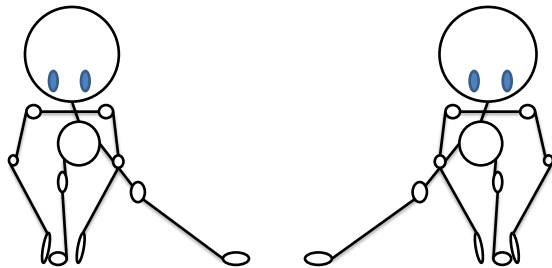
Red

Spiderman



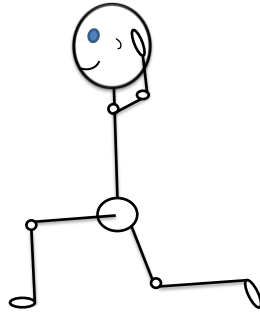
Red

Lateral Lunges



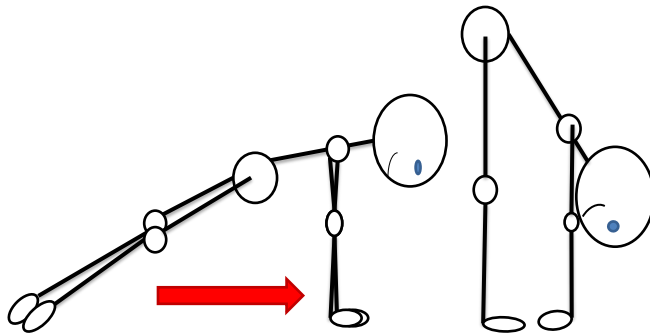
Red

WALKING LUNGES



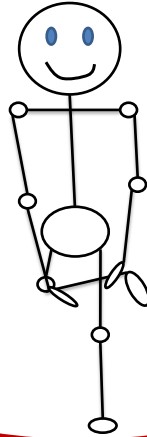
Red

Inchworm



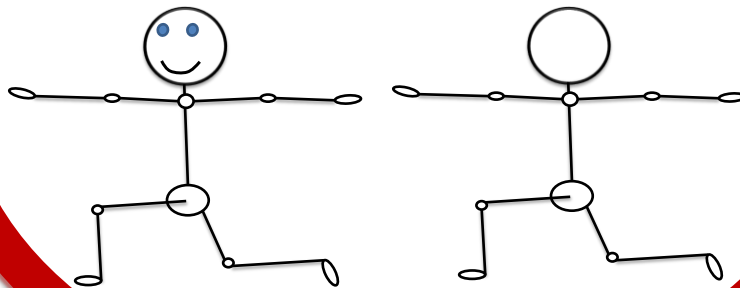
Red

Figure 4 Walk



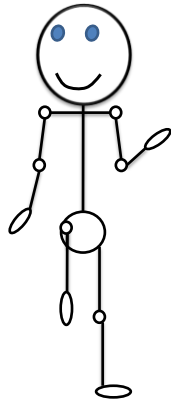
Red

Helicopter Lunges



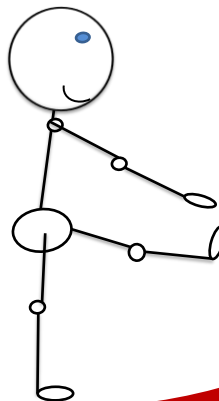
Red

Walking High Knees



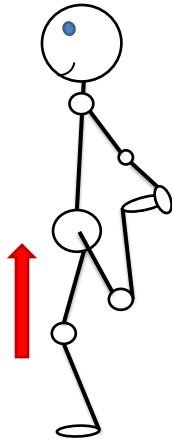
Red

Straight Leg Kicks



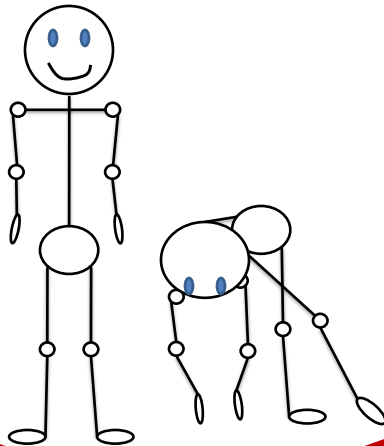
Red

Quad Hops



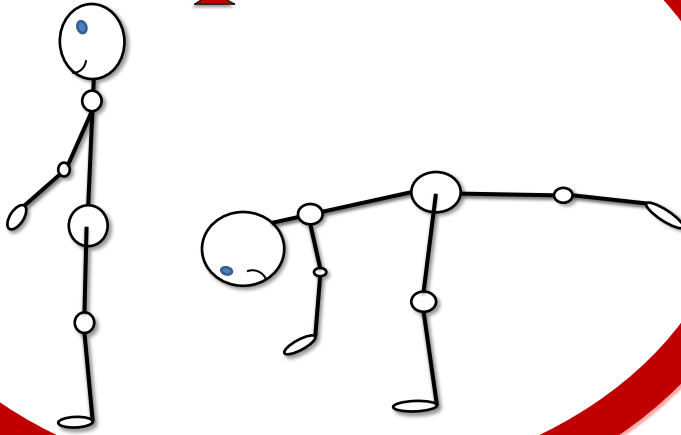
Red

Cross-n-Touch



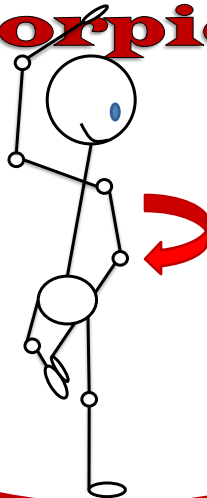
Red

Stepovers



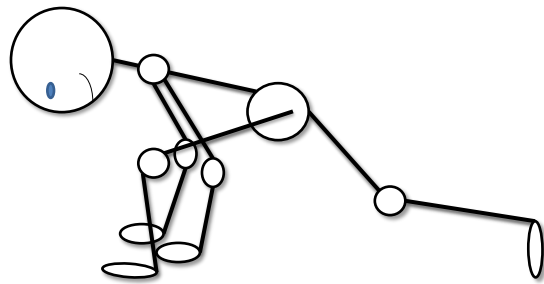
Red

Standing Scorpion



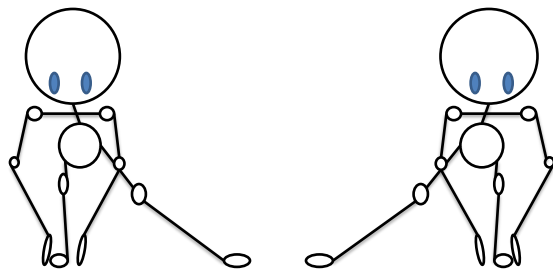
Purple

Spiderman



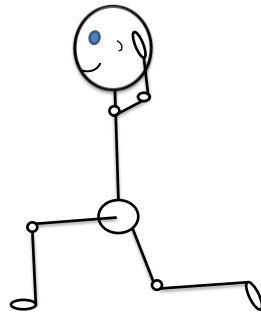
Purple

Lateral Lunges



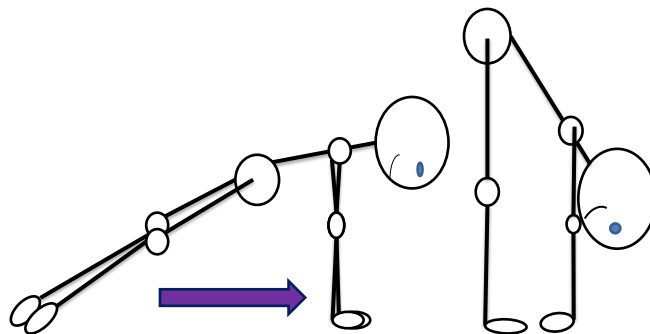
Purple

WALKING LUNGES



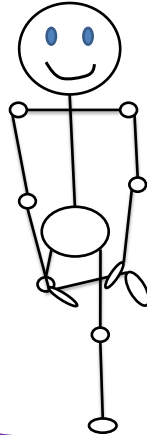
Purple

Inchworm



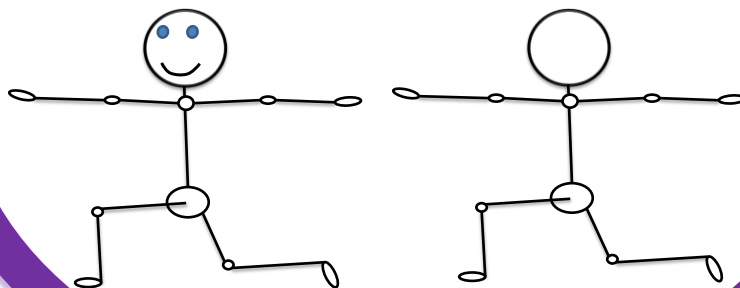
Purple

Figure 4 Walk



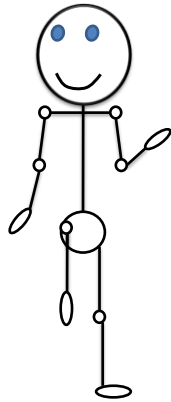
Purple

Helicopter Lunges



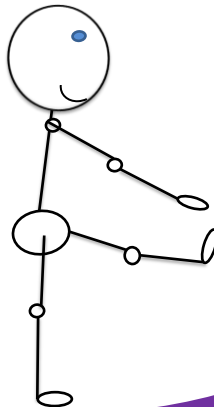
Purple

Walking High Knees



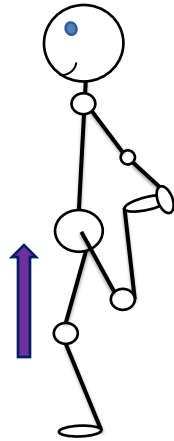
Purple

Straight Leg Kicks



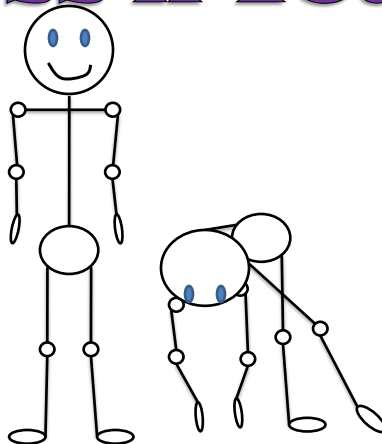
Purple

Quad Hops



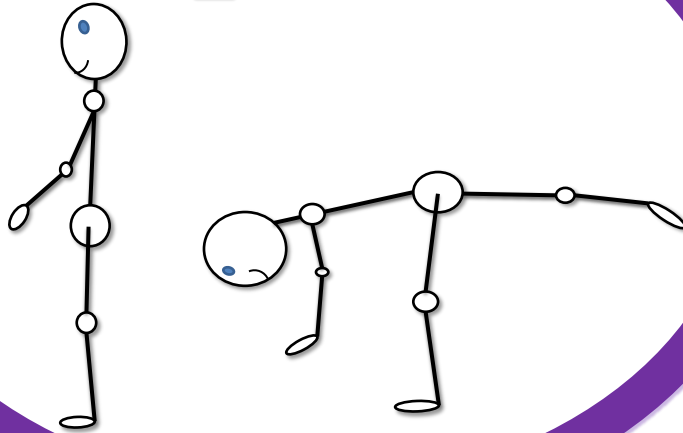
Purple

Cross-n-Touch



Purple

Stepovers



Purple

Standing Scorpion

